



# **RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY Municipal Police Training Academy**

*Community College of Rhode Island — Flanagan Campus  
1762 Louisquiset Pike, Lincoln, RI 02865-4585  
Telephone: (401) 205-2500 — Fax: (401) 205-2501*



Colonel James M. Manni  
Superintendent, Rhode Island State Police  
Director, Department of Public Safety

Lieutenant Christopher J. Zarrella  
Executive Director  
Municipal Police Training Academy

## **RIMPTA Training Announcement**

### **Physical Fitness Assessment Battery Certification**

**Program Date:** March 4, 2022  
**Time:** 0900 - 1300 hours  
**Location:** RIMPTA Classroom  
CCRI Lincoln

The Physical Fitness Assessment Battery (PFAB) certification program trains police department members in the safe and efficient administration of the Rhode Island Department of Public Safety/Municipal Police Training Academy entry physical fitness test. A physical fitness assessment is an important part of the selection process. The Rhode Island Police Officers Commission on Standards and Training requires that prior to admission into the Basic Recruit Training Program, a candidate must be pre-screened in fitness at the department level. The PFAB certifies your personnel to administer this critical test.

**Special Notice:** The Cooper Institute no longer offers the Law Enforcement Physical Fitness Specialist certification program. This program has been re-tooled to a one-day format with no CPR certification offered.

#### **COURSE OBJECTIVES:**

- Administration of a safe, fair, efficient, and professional Physical Fitness assessment at the department level
- Addressing safety issues common to the administration of the PFAB
- Understand test defense through developing a working knowledge of case law, construct, and criterion validity
- Understanding and utilizing the Cooper Institute Physical Fitness Data Tables
- Conduct a Physical Fitness Assessment Debriefing at the department level

This workshop is offered **free** of charge. Please register early, seating is limited to 30 officers.

Dress code for this program will be Academy or department gym attire. Expect some moderate physical activity.

The instructors for this training are Sergeant Marco Valzovano and Officer Andrew Dutra.

To register, please complete the attached registration form and fax or e-mail to Mrs. Donna Lavallee at (401) 205-2501 or [donna.lavallee@risp.gov](mailto:donna.lavallee@risp.gov), by **Tuesday, March 1, 2022**.

For questions regarding this training, please contact Stephen Lombardi, the Director of Continuing Education, at 401-205-1678, or [stephen.lombardi@risp.gov](mailto:stephen.lombardi@risp.gov).

For more information regarding the Rhode Island Department of Public Safety Municipal Police Training Academy please go to: [www.rimpa.ri.gov](http://www.rimpa.ri.gov), click on Upcoming In-Service Training Opportunities.



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## Physical Fitness Assessment Battery Certification

**PLEASE PRINT CLEARLY**

Course Title:		Police Department/Agency: (name and full address)	
<b>Physical Fitness Assessment Battery Certification</b>			
Course Dates/Location: <b>March 4, 2022</b> <b>0900 – 1300 hrs.</b> <b>RIMPTA Classroom, CCRI Lincoln</b>		Contact Person (Supervisor):	Department/Business Phone:
<b>PARTICIPANT(S) NAME &amp; RANK</b>			
1 <sup>st</sup> Selection:			
E-Mail Address:			
2 <sup>nd</sup> Selection:			
E-Mail Address:			
3 <sup>rd</sup> Selection:			
E-Mail Address:			
<b><u>Please FAX or Email this form to the attention of:</u></b>			
Mrs. Donna Lavalley at <a href="mailto:donna.lavalley@risp.gov">donna.lavalley@risp.gov</a> or (401) 205-2501 (Academy Fax)			
Please contact Stephen Lombardi at (401) 205-1678 or <a href="mailto:stephen.lombardi@risp.gov">stephen.lombardi@risp.gov</a> with any questions regarding this training. <b>RSVP by March 1, 2022.</b>			